Real-World Physician Experience on the Effectiveness of Dizester® Homeopathic Digestive Tonic in Patients with Digestive Complaints: A Post-Marketing Survey

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Abstract

Introduction: Functional digestive disorders such as dyspepsia, bloating, and acidity are common and often recurrent, affecting quality of life and increasing healthcare burden. Given the need for well-tolerated therapeutic options, this study aimed to evaluate the real-world effectiveness, speed of action, safety, and physician recommendation of Dizester ®Homeopathic Digestive Tonic in managing functional digestive complaints.

Materials and Methods: A structured Google Form survey was designed to collect feedback from prescribing physicians across different regions. The questionnaire assessed speed of action, clinical effectiveness (5-point rating scale), adverse effects, and recommendation patterns. Of 222 total respondents, data from 151 prescribing physicians were included for descriptive analysis.

Results: The majority of physicians reported early symptomatic improvement, with 48.3% indicating immediate relief and 38.4% observing benefit within 15 days; overall, 94.7% noted improvement within 4 weeks. High effectiveness ratings were observed, as 92.7% assigned scores of 4 or 5, and 99.3% rated the product 3 or above. The formulation demonstrated a favorable tolerability profile, with 99% of respondents reporting no undesirable effects; isolated cases of mild gastric burning were reported but not clearly attributable to treatment. Additionally, 96.7% indicated willingness to recommend the product, and the majority of feedback (85%) was positive or highly positive.

Conclusion: Real-world evidence and physician feedback suggest that Dizester® Digestive Tonic is effective, rapidly acting, and well-tolerated in routine clinical practice. The findings support its clinical utility in managing functional digestive complaints and highlight the need for further prospective controlled studies to strengthen the evidence base.

Keywords: Dyspepsia; Digestive complaints; Real-world evidence; Physician feedback; Immediate relief; Homeopathic Dizester® Digestive Tonic.