Effectiveness of Homoeopathic Medicines for Pain Management in cases of Knee Osteoarthritis- A Randomized Single Blind Placebo Controlled Study

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Abstract

Background:

Osteoarthritis (OA) is a slow, progressive, degenerative disease, affecting the articular cartilage of the joints and ultimately causing its destruction leading to disability. The most commonly affected joint is knee. OA of the knee is a major cause of mobility impairment, particularly among females. Various studies have demonstrated the beneficial effect of Homoeopathic treatment in cases of Knee OA. Homoeopathic approach of totality of symptoms has given significant results in this area as well as some commonly therapeutically indicated medicines also have given good results.