Assessing The Impact of Homoeopathic Medicines on Metabolic Syndrome Parameters: A Prospective Study

(Advancements in Homeopathic Research, Vol. 10 No.4, November 2025-January 2026, Date of Publication 2025/11/01, Pages no. 48-56 ISSN : 2456-3668 (Print) // EISSN : 2583-5661 (Online) DOI : 10.48165/ ahr.2025.10.4.9)

Dr. Aiswarya M A[1], Dr. Abdul Hameed P[2], Dr. Lizmy Jose[3]
[1]BHMS, MD (Hom)
Assistant Professor, Department of Anatomy
Nehru Homoeopathic Medical College and Hospital, New Delhi
[2]BHMS, MD (Hom), M Sc (Psych)
Retired Professor and HOD, Department of Practice of Medicine, Government Homoeopathic Medical College Kozhikode, Kerala
[3]BHMS, MD (Hom)
Professor and HOD, Department of Practice of Medicine, Government Homoeopathic Medical College Kozhikode, Kerala
Author for Correspondence:
Dr Aiswarya M A
Nehru Homoeopathic Medical College and Hospital
New Delhi
E-mail: aiswarya.ma@gmail.com

Abstract
Background: Metabolic syndrome is a group of conditions that occurs together predisposing one to develop diabetes mellitus and cardiovascular complications. The major features of the Metabolic Syndrome are central obesity, hyperglycaemia, hypertriglyceridemia, low levels of high HDL-C and hypertension. Studies related to the efficacy of homoeopathy in Metabolic Syndrome are limited.