Homoeopathic Management of Allergic Contact Dermatitis – A Case Report

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Abstract
Allergic contact dermatitis is an inflammatory skin condition caused by a type 4 hypersensitivity reaction. It occurs when an irritant or allergen comes into contact with the skin, triggering a T-cell mediated response. The appearance and location of the dermatitis often help identify the causative agent. For example, dermatitis around the wrist might indicate an allergic reaction to a bracelet or watchband.[1]
In this case report we present a case of allergic contact dermatitis, presenting with complaints of severe itching and burning on left dorsum of hand with cracks and dryness of skin, bloody discharge on scratching for 2 months, itching aggravated in cold weather. After complete case taking and proper repertorisation, on the basis of totality of symptoms Petroleum 30 was prescribed.
Keywords- Homoeopathy, allergic contact dermatitis, Petroleum