Homeopathic Management of Psoriasis with Nux Vomica: A Case Report

(Advancements in Homeopathic Research, Vol. 10 No.1, February 2025-April 2025, Date of Publication 2025/02/01, Pages no. 22-25 ISSN : 2456-3668 (Print) // EISSN : 2583-5661 (Online) DOI : 10.48165/ ahr.2025.10.1.5)

Dr. Shishir Mathur[1], Dr. Nandini Dadhich[2]
1. Professor, Head, Department of Physiology & Biochemistry, Dr. M.P.K. Homoeopathic Medical College, a constituent college of Homoeopathy University, Jaipur.
2. Assistant Professor, Department of Physiology & Biochemistry, Dr. M.P.K. Homoeopathic Medical College, a constituent college of Homoeopathy University, Jaipur.
Corresponding author:
Dr. Shishir Mathur
Dr. M.P.K. Homoeopathic Medical College, a constituent college of Homoeopathy University, Jaipur.

Abstract

Psoriasis is one of the most common skin diseases. Psoriasis is thought to be an immune system problem that causes the skin to regenerate faster. The cause is believed to be genetics and environmental factors play a role. Homeopathy, however provides a better response in such condition, one such case report is presented below. Patient attended outdoor patient department (OPD) chiefly for complaints of erythematous plaques with silvery scales on the elbows, knees, and scalp, accompanied by pruritus and occasional bleeding due to scratching. He was suffering from psoriasis since 5 years. After unsatisfactory outcome from modern medicine, patient turned to homoeopathic treatment in our OPD. After case taking and repertorization, Nux vomica was prescribed and gradually the potency was increased as per response of medicine upon patient.
Keywords : Psoriasis, Nux vomica, Homeopathy