

The Impact of Homoeopathy on Thyroid Health : A Case Series

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Abstract

Objectives: The condition known as hypothyroidism occurs when the thyroid gland does not create enough thyroid hormone. Among women, it is the second most prevalent endocrine condition. Radiation therapy, thyroid surgery, and autoimmune diseases including Hashimoto's thyroiditis are common causes. Hypothyroidism can cause infertility, abnormal menstruation, weight gain, changes in cognition, and exhaustion. Thyroid stimulating hormone is used to assess thyroid problems because it is extremely sensitive to thyroid malfunction. The traditional approach to treating hypothyroidism involves monotherapy with levothyroxine. In addition to conventional medicine, homoeopathy can be used to treat hypothyroidism.

Methods: The three cases in this series had symptoms of hypothyroidism, which were carefully assessed and treated with individualized homoeopathic medicines throughout a range of time periods. To determine if the patients had improved, thyroid stimulating hormone levels were assessed.

Result: Both the pathological results and the clinical symptoms showed a noticeable improvement.

Conclusion: This set of cases demonstrates that hypothyroidism can be treated with homoeopathic intervention.

Keywords: Hypothyroidism, Homoeopathy, Individualized.