

An Evidence Based Clinical Study on Homoeopathic Treatment of Hepatitis B Patients

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Abstract

Introduction

Hepatitis B is caused by a double stranded DNA virus, called Hepatitis B Virus (HBV).^[1] It is a major global health problem because of its highly infectious nature and leading cause of heavy morbidity and mortality. ^[2] Transmission of HBV takes place through blood or other body fluids. ^[3] Possible routes of transmission are sexual contact, transfusion of blood and its components, re-use of contaminated needles, syringes and surgical instruments and mother to child during childbirth. No alarming sign and symptoms in early stage of chronic infection are exhibited but lethal damage to liver takes place in advance stage. It may appear as an acute or chronic infection of liver. Late complications of HBV infection are Liver Cirrhosis and Portal Hypertension. It may also lead to Hepato-cellular Carcinoma.^[4] According to a report, there are about 40 million hepatitis B patients in India, out of which only 10 percent are able to reach the hospital for treatment. There is scarcity of published work by homoeopathic physicians having treated cases of Hepatitis B. Gupta and Pandey, however, reported positive results of homoeopathic drugs in the treatment of confirmed cases Hepatitis B in the year 2016.^[5] Present study is the extension of the same work which confirms the outcome of previous finding.

Abstract

This retrospective study was done on the confirmed patients of Hepatitis B treated with homoeopathic medicines in Gaurang Clinic & Centre for Homoeopathic research, Lucknow, India. Eighteen cases were found fit for the study who properly followed the treatment with regular investigations.

Objective:

To explore the efficacy of Homoeopathic medicines in treatment of Hepatitis-B patients.