

A Case of Polycystic Ovarian Disease Improved by *Lycopodium*

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Abstract

Present Complaints

A 22-year-old unmarried girl Miss VT was registered in the PCOD project of Ayush (Ref. no. 73/ Enroll. no. 24) on 20/12/15 for treatment of irregular menses with phases of amenorrhoea and dysmenorrhoea for the last 6 years i.e. 1 year after menarche (LMP- 15/12/15) with tendency to gain weight (Wt.: 75 kg). She also had falling of hair since 2-3 months and acne on face since 6 months. On investigations, she was confirmed to be a case of PCOD.