

The Relation of Miasms in Homoeopathic Treatment, as add on, in Management of Rheumatoid Arthritis

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Abstract

Background: Rheumatoid arthritis (RA) is a chronic inflammatory disease of unknown etiology marked by a symmetric, peripheral polyarthritis. The proposed study aims to compare the role of Homoeopathic medicines and Placebo, along with physiotherapy in management of rheumatoid arthritis.

Objective: To assess pre and post NPRS for pain management in both treatment groups of rheumatoid arthritis patients and to study the relation of miasms in rheumatoid arthritis.

Study Design: Aprospective, single blind, randomized, placebo-controlled trial.

Materials and Methodology: 60 Cases of RA were randomly allocated to the two treatment groups, *Homeopathic medicine* group- Group A (n=30) and *Placebo* group- Group B (n=30) treated with individualized *Homeopathic medicine* and *Placebo*. The outcome measures were lowering of NPRS Score in both groups after three months of treatment.