

# **A Study to Assess the Effectiveness of Osteoarthritic Nosode vs. Constitutional Medicine in the Management of Osteoarthritis of Knee Joint**

(Advancements in Homeopathic Research, Vol. 5 No. 3, November 2020-January 2021, Date of Publication 2020/11/1, Pages no. 42-46)

S. Sabarirajan<sup>1</sup>, S. R. Ameerkhan Babu<sup>2</sup>, J. Jeya Sangeetha<sup>3</sup>

<sup>1</sup>M.D. (Hom) (Pract. of Med), PGDHHM

HOD & PG Guide, Department of Practice of Medicine,

Vinayaka Mission's Homoeopathic Medical College & Hospital, Salem, Tamilnadu (A Constituent College of Vinayaka Mission's Research Foundation - Deemed to be University, Salem, Tamilnadu)

<sup>2</sup>M.D. (Hom) (Pract. of Med), MBA (HM),

Professor, Department of Practice of Medicine,

Vinayaka Mission's Homoeopathic Medical College & Hospital, Salem, Tamilnadu (A Constituent College of Vinayaka Mission's Research Foundation - Deemed to be University, Salem, Tamilnadu)

<sup>3</sup>M.D. (Hom) (Pract. of Med), PG Scholar (2015-2018 batch). Vinayaka Mission's Homoeopathic Medical College & Hospital, Salem, Tamilnadu

Address for Correspondence:

**Prof. Dr. S. Sabarirajan**

Vinayaka Missions Homoeopathic Medical College, Salem.

## **Abstract**

Osteoarthritis is an important cause of disability and the second most common musculoskeletal problem in the world (30%) after back pain (50%). The prevalence of osteoarthritis increases with age. An estimated 10% to 15% of all adults aged over 60 have some degree of OA, with prevalence higher among women than men. The reported prevalence of OA in rural India is 5.8%. Homeopathy offers a wider range of options than Conventional medicine. Conventional treatment consists of anti-inflammatory drugs and corticosteroids. Long term use of these medicines can cause plenty of side-effects. This study is to know the efficiency of homeopathic medicines in the cases of Osteoarthritis, and also to make a comparative analysis of osteoarthritic nosode & constitutional medicine in the management of osteoarthritis of knee joint.

**KEY WORDS:** Homeopathy, Osteoarthritis, Constitutional medicine, OA nosode, Knee joint.