An Approach to Acne Vulgaris

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Abstract
It is a chronic inflammatory disease of pilosebaceous gland which generally occurs in adolescence, consists of various skin disorders in the form of non-inflammatory lesions (whiteheads, blackhead), superficial inflammatory lesions (papules, pustules superficial) and in inflammatory lesions (nodules), premises where predilection: face, neck, upper arms, chest and back.¹ Acne vulgaris is an inflammatory structural disorder of the sebaceous gland or follicles of the skin.² We have good scope in homoeopathy for both acne recurrence and psychosocial life.

Keywords: Acne vulgaris, etiology, pathophysiology, homoeopathic approach-non recurrence.