Effect of Homoeopathic Medicine on Hypothyroidism - A Case Study
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Abstract
Hypothyroidism is a well-known disease worldwide. But use of thyroxin in large doses
may produce severe side effects & that’s why it is a need of the era to find out alternative
therapy to combat such type of endocrinal disorder.
Methods: A case study was done in a Govt. Homeopathic hospital in west Bengal in
O.P.D. for 9 months (approx.). A 20yr old female patient Ms. T presented with symptoms
like hypothyroidism which was confirmed by Thyroid profile (TSH- 139.74 microIU/mL,
T3- 0.23 ng/mL, T4- 1.02 microgram/dL). The similimum was selected after proper case
recording & analysis of the symptoms as per Homeopathic philosophy & principles. The
follow up of the case was done.
Result: Gradually TSH level declined to normal level with disappearing of all the
symptoms of the hypothyroidism.
Keywords: Hypothyroidism, Homeopathic medicine, TSH level.

Introduction
Hypothyroidism is a condition characterized by abnormally low thyroid hormone
production. These disorders may directly or indirectly involve the thyroid gland. Because
thyroid hormone affects growth, development, and many cellular processes, inadequate
thyroid hormone has widespread consequences for the body\(^1\). Hypothyroidism, also called
underactive thyroid, is when the thyroid gland doesn’t make enough thyroid hormones to
meet our body’s needs. The thyroid is a small, butterfly-shaped gland in the front of neck.
Thyroid hormones control the function of different vital organs in body, even the heart
beats. Without enough thyroid hormones, many of our body functions slowdown.\(^2\)