

# **Efficacy of Similimum in Reducing Anger- Measured with STAXI-2 scale in Patients of Mild to Moderate Essential Hypertension**

(Advancements in Homeopathic Research, Vol. 5 No. 2, August 2020-October 2020, Date of Publication 2020/8/1, Pages no. 41-47)

Leena S. Bagadia\*

\*Homoeopathic Consultant, Smt. C.M.P.Hom. Medical College & Mumbadevi Homoeopathic Hospital, Mumbai

PhD Scholar in Hom. Psychiatry at Dr. M. L. Dhawale Memorial Homeopathic Institute, Palghar

Address for correspondence –

**Dr. Leena S. Bagadia**

Dr. M. L. Dhawale Memorial Homoeopathic Institute, Palghar-Boisar Road, Palghar

Email: [leenabagadia@gmail.com](mailto:leenabagadia@gmail.com)

**Abstract**

**Background**

Hypertension is the most pervasive disease worldwide causing multiple chronic conditions without apparent symptoms and a complex aetiology. Anger is a critical variable in Essential Hypertension (EHT). In our study, we tried to correlate anger with EHT and tried to treat anger with homeopathic similimum and thereby bringing the hypertension down.

**Objectives:**

1. To investigate relationship between anger and its components with hypertension (HT).
2. To evaluate the efficacy of homoeopathic treatment on anger and thereby on Hypertension in comparison with standard treatment.