

Cystic Hygroma Treated with Homoeopathic Medicines: Best Case Series

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Author: Girish Gupta[1], Dileep Pandey[2]

[1]M.D. (Hom) PhD, Chief Consultant

Gaurang Clinic & Centre for Homoeopathic Research

[2]B.Sc., B.H.M.S.

Address for correspondence

Dr. Girish Gupta

Gaurang Clinic & Centre for Homoeopathic Research

B-1/41, Sector-A, Near Novelty Cinema (Aliganj)

Kapoorthala, Aliganj, Lucknow-24, UP, INDIA

Phone: 2326464, 4004370

WhatsApp number +917318520111

E-mail: girishguptadr@gmail.com

Abstract

Cystic Hygroma, also known as cystic lymphangioma is often congenital, benign, multiloculated lymphatic lesion that can develop anywhere but is classically found in the neck and axilla which may extend to mediastinum. This is a condition which usually affects children; very rarely it can appear in adults. Pathologically it is lymphatic malformation with multi cystic areas filled with lymph.

Cystic Hygroma is categorized under diagnosis Code D18.12018 in ICD-10-CM.

It is harmless but disfiguring. Large lesions of Cystic Hygroma may produce pressure symptoms according to its location like dysphagia, heaviness in chest and difficulty in respiration etc. Infection and hemorrhage are rare complications of Cystic Hygroma.

It is a retrospective study of cases of Cystic Hygroma treated in Gaurang Clinic & Centre for Homoeopathic Research, Kapoorthala, Aliganj, Lucknow. The main

parameter of assessment was visual i.e. photography. Seven well followed up cases which responded to constitutional homoeopathic treatment are presented with photographic evidence. Results are positive and reproducible [1][2]. The time duration of treatment varied from case to case irrespective of size of the lesion.

Objective: To produce evidence in support of nonsurgical treatment of Cystic Hygroma with homoeopathic medicines.

Discussion: Spontaneous regression of lymphangioma is a rare entity [3]. The treatment of Cystic Hygroma is surgical excision of the lesion or sclerotherapy but possibility of recurrence cannot be denied. Homoeopathic medicines, however, have been found to be effective in regression of Cystic Hygroma.