

Study on the Consideration of Mental Symptoms in Constituting Totality of Symptoms through Case Study on Migraine

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Abstract

Homoeopathy is a therapeutic science that treats the patient and not the disease. The true Homoeopathic cure takes place only when there is selection of the remedy, most similar to the case of disease. The selection of the most similar remedy is chiefly determined by the 'Totality of Symptoms.' From the time of Dr. Hahnemann 'Mental Symptoms' are considered to be of prime importance in the constructing the 'Totality of Symptoms'. All the stalwarts, masters and prescribes have emphasized on the importance of 'Mental Symptoms' in constructing the 'Totality of Symptoms', but only a fraction of practitioners and therapists till date have been reported to give due importance to the Mental Symptoms & Mental State during practical case taking to utilize them for construction of 'Totality of Symptoms'. Thus, a need for study of exploring consideration of Mind as central point becomes necessary. This case study on Migraine will help us in understanding the importance of Mental Symptoms and the Mental State of the patient in Homoeopathic prescription, so as to use that information for a deeper understanding of the cases, resulting in a better prescription.

Migraine is characterized by episodic headache, which is typically unilateral and often associated with vomiting and visual disturbance. The single most characteristic feature is the episodic nature of the headache.

Migraine ranks in the top 20 of the world's most disabling medical illnesses. Amazingly, over 10% of the population, including children, suffers from migraine.

Nearly 1 in 4 U.S. households include someone with migraine.

In addition to the attack-related disability, many sufferers live in fear knowing that at any time an attack could disrupt their ability to work or go to school, care for their families, or enjoy social activities.

More than 90% of sufferers are unable to work or function normally during their migraine attacks. While most sufferers experience attacks once or twice a month, about 14 million people experience headaches on a near-daily basis.