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### **Abstract**

The incidence of haemorrhoids is increasing due to changing lifestyle and irregular bowel habits. The initial signs of haemorrhoids should be recognized so that disease can be brought under control at an early stage with minimum treatment with homoeopathy and hence we can avoid surgery. Many cases which are referred surgery are well managed with homoeopathic medicines.

Key words-Haemorrhoids, Homoeopathy, Sulphur, Sepia, Lycopodium

### **Introduction**

Haemorrhoids are defined as dilated plexus of superior haemorrhoidal veins, in relation to anal canal. It is classified as –

1. Primary/Idiopathic haemorrhoids- caused by standing posture, genetic /familial factors, and dietary factors.
2. Secondary Haemorrhoids- caused in cases of carcinoma of rectum, portal hypertension, pregnancy.

Depending on the location of hemorrhoids it is classified as

1. Internal haemorrhoids- above the dentate line, covered with mucous membrane
2. External haemorrhoids- at anal verge, covered with skin
3. Interno-external- both varieties together.

Location- Classically situated in the 3,7,11 O'clock positions (left lateral, right posterior, and right anterior respectively). Superior haemorrhoidal artery (vein) gives 2 branches on right side and 1 branch on the left side. Hence, piles are two on right side and one on left side.