

Endoscopically Documented Response in Chronic Duodenal Ulcer: A Case Report

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Abstract

A case of chronic duodenal ulcer with few erosions and gross deformity of first part of duodenum, successfully managed by homoeopathic treatment with objective evidence of improvement (by Endoscopy) is presented. The basis of the prescription and details of follow up are provided. Some special aspects of the case are also discussed.

Key words

Chronic duodenal ulcer, Homoeopathy, Documentation, *Anacardium orientale*, *Sulphur*, *Nux vomica*.

Introduction

About 10% of the Indian population can expect to suffer from peptic ulcer disease at some point in their lifetime; duodenal ulcer being more prevalent than gastric ulcer. **(1)** It may not be frequently associated with complications or death, but it significantly affects quality of life by impairing overall patient well-being and contributing substantially to work absenteeism. **(2)** It is well accepted that the response of peptic ulcer disease to homoeopathic treatment is encouraging. But there are very few case reports where the pathological changes before and after treatment are documented through suitable objective evidences (for example by Upper GI endoscopy). In this article a case of chronic duodenal ulcer with erosion and deformity of first part of duodenum having Endoscopic documentation of improvement after treatment is presented. The basis of selection of medicines in different times is thoroughly discussed. The case was followed up for almost two and a half years without any recurrence or complications.