Learning the Miasmatic Approach in WRULD and its Homoeopathic Management - Case Studies

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Abstract

The study is done on the topic "EXPLORING THE MIASMATIC APPROACH FOR WORK RELATED UPPER LIMB DISORDERS". The objectives of this study are to study the details of work related upper limb disorders in computer users, to explore the underlying the miasms and to assess the effectiveness of homoeopathic remedies evolving after considering totality of symptoms in the treatment of 'Work related upper limb disorders' in computer workers.

Introduction

Occupational workers has common problem of WRULD work related upper limb disorders. The Studies have shown that ergonomic factors, psychosocial, individual and aspects of work organization play an important role in the development of these disorders. Increased use of personal computers has focused our attention on work related neck and upper limb disorders (WRULD). The direct and indirect costs of chronic disability to the injured workers, his or her family, employers, and society are enormous.

Common to all of these injuries is a history of prolonged repetitive use of the upper extremities in an intense, forceful, and often an awkward fashion. The condition is usually associated with either specific soft tissue inflammation, such as tenosynovitis, or a specific nerve entrapment, such as carpal tunnel syndrome. The identification of factors that predict chronic disability may also shed light on why some workers develop chronic disability, and thus guide the development of intervention strategies that may prevent this process from occurring.

Homoeopathy views disease in a holistic way and evolves a therapeutic plan for its treatment in the same view point. This is achieved by exploring the responsible miasms & through the similar medicine which act in the dynamic plane.

The treatment is for diseased individual not for the disease alone. The best treatment for these disorders in various occupational workers is the treatment with deep constitutional remedy covering the totality of the patient at that time.

KEY WORDS: Work related upper limb disorders [WRULD], Miasm, Totality of symptoms, Psora, Sycosis, Syphilis