

Management of a Case of Chronic Suppurative Otitis Media with Homoeopathic Medicine *Mercurius Solubilis* - A Case Report

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Abstract

Introduction: Chronic suppurative otitis media (CSOM) is a long-standing infection of a part or whole of the middle ear cleft characterized by ear discharge and a permanent perforation.

In homoeopathy, there are various medicines having a sphere of action on suppurative diseases. This is a show case of *Mercurius solubilis* Homoeopathic remedy for the case of CSOM: *Mercurius solubilis* is a black oxide of mercury. It affects the whole system, penetrating every organ and tissue and also has a wonderful effect on suppuration. Mercury, in both acute and subacute forms, is the only drug that effectively prevents suppuration.

Case summary: This is the case of 24 yr old man who presented with CSOM and was successfully managed with individualized Homoeopathic medicine, *Mercurius Solubilis* 200c. The case was followed up with documentation of clinical symptoms and investigation findings. In this article, the ultimate aim is to provide the clinician with a homoeopathic tool in the management of CSOM after having satisfactory results in the case.

Keywords- Chronic Suppurative otitis media, Acute otitis media, *Mercurius solubilis*, Homoeopathy, Modified naranjo algorithm.