

## **Effect of Homoeopathic Medicine on Psoriasis- A Case Study**

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### **Abstract**

Psoriasis is a common chronic, recurrent, immune mediated disease of the skin and joints. It can have a significant negative impact on the physical, emotional, and, psychosocial wellbeing of affected patients. Psoriasis is found worldwide but the prevalence varies among different ethnic groups. As human being is composed of Mind, Body and Soul and he is free-spirited, the organization of it does depend upon the susceptibility. Skin disorders are a very common condition which has affected the lifestyle in many ways. Homeopathy treats person as a whole. So Homoeopathy is effective in skin diseases.

### **Introduction**

Psoriasis is an inflammatory and proliferative disease of the skin that results in a rapid turnover of the skin cells. The turnover of cells can rise to seven times the normal rate, leading to thickening of the superficial layers of the skin. The most characteristic lesions consist of sharply demarcated, dull red or salmon-pink thickened patches with silvery scales.

The extensor surfaces of the limbs (especially the elbows, knees and shins), scalp, and lower back/buttocks are particularly affected, but psoriasis may involve any part of the body. When psoriasis involves the groins, armpits, perineum and the area under the breasts, the lesions tend to be less scaly and rather shiny.

The disease is highly variable in duration and extent, and there are several common morphological variants. Contrary to popular belief, up to 50 per cent of affected patients experience significant itch, especially on the scalp and lower legs.