

An Approach to Acne Vulgaris

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A.T. Senthilkumar¹, D. Shree Vaishnavi Annapoornam²

¹Professor, PG-Guide, Head of the Department, Department of Materia Medica, Vinayaka Mission's Homoeopathic Medical College & Hospital, A Constituent College of VMRF-Deemed to be University, Salem, Tamilnadu.

²Post Graduate Student, Department of Materia Medica, Vinayaka Mission's Homoeopathic Medical College & Hospital, Salem.

Address for correspondence –

Dr. A.T. Senthilkumar

Vinayaka Mission's Homoeopathic Medical College & Hospital, A Constituent College of VMRF-Deemed to be University, Salem, Tamilnadu.

Abstract

It is a chronic inflammatory disease of pilosebaceous gland which generally occurs in adolescence, consists of various skin disorders in the form of non-inflammatory lesions (whiteheads, blackhead), superficial inflammatory lesions (papules, pustules superficial) and in inflammatory lesions (nodules), predilection: face, neck, upper arms, chest and back.¹ Acne vulgaris is an inflammatory structural disorder of the sebaceous gland or follicles of the skin.² We have good scope in homoeopathy for both acne recurrence and psychosocial life.

Keywords: Acne vulgaris, etiology, pathophysiology, homoeopathic approach-non recurrence.