

“A Study on Non Insulin Dependent Diabetes Mellitus”

(Advancements in Homeopathic Research, Vol. 1 No. 2, August 2016-October 2016,
Date of Publication 2016/8/1, Pages no. 36-40)

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ABSTRACT

In this era, where there is enough and more number of diseases, there is a disease that ranks high and has been attacking the human world due to life style derangement since ages – “DIABETES MELLITUS.”

KEYWORDS

Non Insulin Dependent Diabetes Mellitus, Methodology, Management, Homoeopathy

INTRODUCTION

“*Live the life to the fullest.*” This is a very common quote we hear in our day to day life. But when we actually go into the depth of it, we come to know the different aspects of living the life to the fullest. In the process of living this way, we initially invite happiness in our life, but later on without our invitation, many so called diseases visit us. One such disease is Diabetes Mellitus.

Diabetes is the body’s failure to metabolize blood sugar properly. It now strikes Americans at the rate of one new case every 52 seconds, and also 3.2 million lives annually worldwide, and India ranks first in the total number of diabetic patients. It became a great threat to the developing nations as they switch on to the westernized lifestyles that emphasize on rich food and sedentary living.

Curability of this condition is not a documented fact and the only known approach is to control the blood glucose levels, which means a palliative approach. Experience says that Homoeopathy stands out for its Holistic approach towards diseases. It is observed that Homoeopathy plays a better role to improve the patient’s general feeling of well being and Homeopathy treats patient and not the disease holistically.